Working with families and communities after a significant loss

THIRRILI

To the Bunuba people, ***Thirrili*** *means* ***power*** *and* ***strength****, this is the essence of Thirrili and is the heart of what we do.*

Thirrili provides localised after suicide support

Since 2017, we've provided Aboriginal and Torres Strait Islander communities support in the aftermath of suicide or other traumatic incident.

Our service is Australia-wide, our model is flexible and adapted to place based community needs.

We provide meaningful after suicide support, case coordination and advocacy.

Communities that have been impacted by suicide or other fatal critical incident can invite us to bring our trauma informed expertise to share with them as they develop their self-determined futures.

Crucial, timely and safe support

Aboriginal and Torres Strait Islander communities, families and individuals deserve support that is:

- relational
- respectful of Cultural protocol
- designed to offer the needed support at a time of crisis
- self-determining

Working with families and communities after a significant loss.

1800 805 801

24/7 Australia wide

www.thirrili.com.au

Scan QR code to visit our website

ACT Government

Published with assistance from the ACT Government under the Aboriginal and Torres Strait Islander Suicide Prevention Service

THIRRILI

We support ongoing healing and care.

The first birthday without a loved one or at other significant time points can bring up deep sadness that a loved one is not there.

Thirrili understands the need for meaningful contact and regular checks in with families and communities in the months and years that follow.

Healing will take the time that it rightfully needs and deserves

There are many different Aboriginal and Torres Strait Islander families and communities, ranging from those in rainforest country, to those in saltwater country, to those in freshwater country to those in desert country. The needs of families and communities are as diverse as the families and communities themselves.

How to access Thirrili

- Thirrili is available 24 hours a day, 7 days a week, for Aboriginal and Torres Strait Islander families and communities.
- To reach us, call 1800 805 801.
- One of our dedicated Aboriginal or Torres Strait Islander team members will answer your call.
- If your call is directed to voicemail, we encourage you to leave your best contact number, and we will respond as soon as possible.
- When we learn about the loss of an Aboriginal or Torres Strait Islander person due to suicide or another traumatic event, our team carefully assesses who is best positioned to support the family.
- We work closely with local Elders, community leaders, and Aboriginal and Torres Strait Islander organisations to coordinate a culturally appropriate and community-focused response for bereaved individuals and their families.
- For children and young people under 14, we work closely with parents, carers, or family members to ensure the next generation receives the necessary care and support.
- Thirrili welcomes referrals from community members and services across Australia and the Torres Strait Islands.
- We are committed to providing culturally safe, compassionate, and timely support to all in need.

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